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You're Welcome
to **EXPLORE**

ESCAPE
EXPLORE
DISCOVER
EXPERIENCE
PLAY
WANDER
LET LOOSE
ENJOY
LAUGH
CHILL
REMEMBER
& RETURN

You're Welcome

Our local natural beauty and vitality is a secret we just cannot keep any longer!

Unspoilt countryside, stunning scenery, and a wealth of activity all knit seamlessly together for the perfect inland escape. Whether you're looking to feel energised or seeking quiet and calm, you'll find it.

The Slieve Bloom Mountains reign supreme overlooking the county, offering everything from gentle woodland strolls to high-octane mountain bike trails. Elsewhere, miles of looped walks and extensive cycling routes criss-cross the county. All the while, anglers bask in bountiful waterways while golfers flock to our fairways.

However you enjoy the great outdoors, you're welcome to explore all your options, right here in Laois.



You're Welcome


to the **SLIEVE BLOOM** Mountains

Steeped in folklore as the home of fearless warrior Fionn MacCumhaill, 'the Slieve Blooms' is the jewel in our outdoors crown. Through a network of wonderful looped routes, walkers and hikers can marvel at **Glenbarrow Waterfall**, trek to the **Ridge of Capard**, and savour the spectacular natural beauty that surrounds.

For a modern-day adventure, look no further than our challenging mountain bike track at **Baunreagh**, near **Mountrath**. A less-demanding trail begins from the nearby village of Kinnitty and bike rental is on offer in the surrounding villages.

Whether walking or cycling, mountain guides armed with local knowledge can bring you on organised tours, helping you make the most of the mountains.



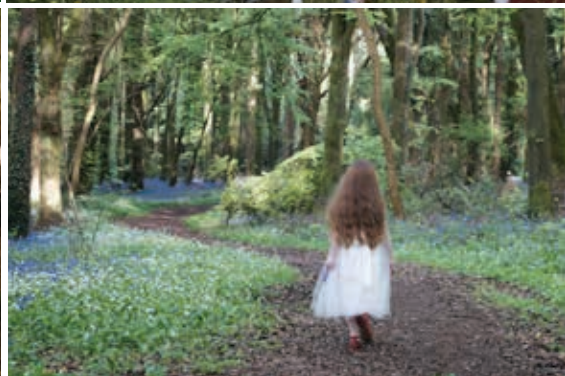


Walkers and hikers love to roam through our wide range of 30 looped walks taking in riverside rambles, bog treks, and wondrous woodlands. Tracks and trails to suit everyone can be found all over the county.

WALK and CYCLE our trails

With so many to choose from, the incredible **Leafy Loop** and **Dunmore looped walks** near the town of **Durrow** are highly recommended. For a more relaxed wander, **Abbeyleix Bog Walk** is a two-minute stroll from the town itself.

On two wheels, you can **cycle** the beautiful **Barrow Way** by hiring bikes in **Vicarstown** close to both the **Grand Canal** and **River Barrow**. And with several marked trails to be found throughout the county's road network, exploring Laois by bike has never been easier.



You're Welcome to go **FISHING**

For the complete
picture on fish stocks
across Laois, visit
www.laoistourism.ie

Coarse fishing has thrived in Laois waterways for generations. Every year, the **River Barrow** produces more award-winning specimens than any other in Ireland. The **Nore** is best known for pike while the **Grand Canal** is home to a veritable bounty. Twelve lakes dot the county, all offering excellent angling days out.

For **game fishing**, shoals of salmon and hovers of trout also swim freely in the rivers Barrow and Nore, and can be caught at several spots throughout the county. In **Coolrain**, Laois Angling Centre's spring-fed lakes are stocked regularly, while the **Erkina** and **Goul** rivers are renowned for trouting at **Rathdowney**, **Durrow**, and **Cullohill**.

Understand the history of shooting, hunting, and fishing at the **Irish Fly Fishing and Shooting Museum** in Attanagh. It's the only one of its kind in Ireland, and tells the story of our love for country pursuits over the last 300 years.





You're Welcome to play **GOLF**

LAOIS GOLF CLUBS

Abbeyleix (057) 873 1450

Mountrath (057) 873 2558

Portarlinton (057) 862 3115

Portlaoise (057) 866 1557

Rathdowney (0505) 46170

The Heath (057) 864 6533

The Heritage (057) 864 2301

For many years, golfers have been attracted to our wonderful range of outstanding courses. From championship designs by golfing giants like Seve Ballesteros to a mix of **traditional parkland** and **links-style** options, Laois is teed-up for golfers of every standard.

Courses are sprinkled throughout the county, with some only a short walk from local town centres. And beautiful scenery alongside immaculately maintained greens and fairways ensures a perfect round is a possibility on anybody's scorecard.

You're Welcome to **OUR PLACE**

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